

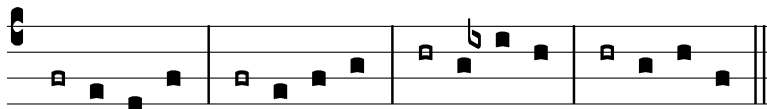
Psalms for Vespers of St. Benedict

according to the Meinrad Tones

Queen of Peace Church

July 11, 2010

Psalm 34a

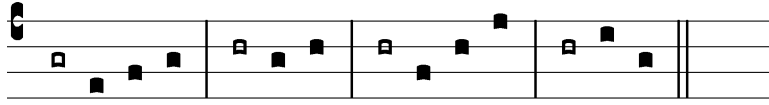


Antiphon: (a) Listen to *me, my* CHILDren;
(d) I will teach you the fear *of the* LORD.

- I. I will bless the Lord *at all* TIMES,
his praise always *on my* LIPS;
in the Lord my soul shall *make its* BOAST.
The humble shall hear *and be* GLAD.
- II. Glorify the *Lord with* ME.
Together let us *praise his* NAME.
I sought the Lord *and he* ANswERed me;
from all my terrors he *set me* FREE.
- I. Look towards him *and be* RAdiant;
let your faces not *be a*BASHED.
When this poor man cried out, *the Lord* HEARD him
and rescued him from all *his dis*TRESS.
- II. The angel of the Lord *is en*CAMPED.
around those who revere *him, to* REsCue them.
Taste and see that the *Lord is* GOOD.
He is happy who seeks *refuge in* HIM.
- I. Revere the Lord, *you his* SAINTS.
They lack nothing, those *who re*VERE him.
Strong lions suffer want *and go* HUNgry,
but those who seek the Lord *lack no* BLESSing.
- A. Glory be to the Father and *to the* SON
and to the *Holy* SPIRit.
As it was in *the be*GINning,
is now and will be for *ever. A-*MEN.

Antiphon: (a) Listen to *me, my* CHILDren;
(d) I will teach you the fear *of the* LORD.

Psalm 147a

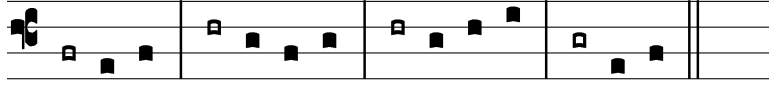


Antiphon: (a) **If today you hear the *voice of* GOD,**
(d) **harden not *your* HEARTS.**

- I. (a) Praise the Lord, for *he is* GOOD;
(b) sing to our God, for he *is* LOVing;
(d) to him our praise *is* DUE.
- II. The Lord builds *up* JeRUusalem
and brings back Israel's EXiles;
he heals the *broken* HEARTed;
he binds up all *their* WOUNDS.
- I. He fixes the number *of the* STARS;
he calls each one by *its* NAME.
Our Lord is great *and al*MIGHTy;
his wisdom can never *be* MEASured.
- II. The Lord raises *the* LOWly;
he humbles the wicked to *the* DUST.
O sing to the Lord, *giving* THANKS;
sing psalms to our God with *the* HARP.
- I. He covers the heavens *with the* CLOUDS;
he prepares the rain for *the* EARTH,
making mountains *sprout with* GRASS
and with plants to serve *man's* NEEDS.
- II. (a) He provides the beasts *with their* FOOD,
(d) and young ravens that call *upON* him.
- I. His delight is *not in* HORSEs,
nor his pleasure in *warrior's* STRENGTH.
The Lord delights in those *who re*VERE him,
in those who wait for *his* LOVE.
- A. Glory be to the Father and *to the* SON
and to the Holy SPIRit.
As it was in *the be*GINning,
is now and will be for ever. A-MEN.

Antiphon: (a) **If today you hear the *voice of* GOD,**
(d) **harden not *your* HEARTS.**

Ephesians 1: 3–10



Antiphon: (a) Let us turn away *from* E-vil;
(d) let us seek and strive *for* PEACE.

- I. Praised be the God *and* FATHER
of our Lord *Jesus* CHRIST,
who has bestowed on *us in* CHRIST
every spiritual blessing in *the* HEAVens!
- II. God chose us *in* HIM
before the *world be*GAN,
to be holy and blameless *in his* SIGHT,
to be full *of* LOVE;
- I. he likewise predestined us through *Christ* JESus
to be his *adopted* SONS —
such was his *will and* PLEASure —
that all might praise the divine favor /
he has bestowed on us in his *Be*LOVED.
- II. It is in Christ and through *his* BLOOD
that we have been redeemed and our *sins for*GIVEN,
so immeasurably GENERous
is God's favor *to* US.
- I. God has given us *the* WISdom
to understand *fully the* MYSTery,
the plan he was pleased to *decree in* CHRIST,
to be carried out in the fullness *of* TIME:
- II. (a) namely, to bring *all* THINGS
(b) in the heavens *and on* EARTH
(d) into one under *Christ's* HEADship.
- A. Glory be to the Father and to *the* SON
and to the *Holy* SPIRit.
As it was in *the be*GINning,
is now and will be for ever. A-MEN.

Antiphon: (a) Let us turn away *from* E-vil;
(d) let us seek and strive *for* PEACE.